



the
stirrup
cup

FAMILY • SPORTS • LOCAL

MENU

Woodland Avenue
Barton Seagrave
Kettering
Northamptonshire
NN15 6QR

T: 01536 722841

W: www.thestirrupcupbartonseagrave.co.uk

E: info@thestirrupcupbartonseagrave.co.uk



BAR OPENING HOURS

MONDAY - THURSDAY

4.00pm - 11.30pm

FRIDAY - SATURDAY

12.00pm - 1.00am

SUNDAY

12.00pm - Midnight

FOOD OPENING HOURS

WEDNESDAY - THURSDAY

6.00pm - 9.00pm

FRIDAY - SATURDAY

12.00pm - 9.00pm

SUNDAY

12.00pm - 3.00pm

STARTERS

SOUP OF THE DAY - bread & butter.....	£3.95
STICKY CHICKEN WINGS - BBQ dip.....	£5.95
DUCK SPRING ROLLS - sweet chilli dip.....	£4.95
CHICKEN STRIPS - sweet chilli dip.....	£4.95
GARLIC BREADED MUSHROOMS - garlic mayonnaise.....	£4.95
BRIE & BACON ON CRUSTY BREAD - cranberry sauce.....	£5.95
PRAWN COCKTAIL - lettuce, buttered bread.....	£4.95
NACHOS - cheese, guacamole, salsa, jalapeños, sour cream	£4.95
GARLIC BREAD.....	£3.50
with cheese.....	extra £0.50

SHARING STARTERS

NACHOS TO SHARE	£7.95
Cheese, Guacamole, Salsa, Jalapeños, Sour Cream	
SHARING PLATTER.....	£12.95
CHOICE OF 4: Chicken Strips, BBQ Chicken Wings, Garlic Bread, Duck Spring rolls, Brie & Bacon Crusty Bread, Nachos or Garlic Breaded Mushrooms.	
WINGS WINGS WINGS - 3 sticky bowls of wings ..	£14.95
One topped with Sticky BBQ Sauce	
One topped with Sour Cream & Jalapeños	
& One topped with Sweet Chilli Sauce	

KIDS

PLEASE MENTION ANY ALLERGIES OR DIETARY REQUIREMENTS WHEN ORDERING

CHOOSE ONE OF EACH OPTION	£4.95
OPTION 1 - chicken nuggets, sausages, burger, fish fingers, pizza	
OPTION 2 - chips, mash, jacket, wedges	
OPTION 3 - peas, beans, cucumber & carrot sticks, corn on the cob	
KIDS DESSERTS	extra £1.50

SIDES

CHIPS.....	£2.95	SWEET POTATO FRIES.....	£2.95
FRIES	£2.95	COLESLAW	£1.50
ONION RINGS	£3.50	BEANS.....	£1.00
WEDGES.....	£3.50	CORN ON THE COB.....	£1.50
		SALAD.....	£1.50

MAINS

ALL DAY BREAKFAST - sausage, bacon, egg, beans, black pudding, hash browns, grilled mushroom & tomato.....	£8.95
LAMB SHANK - mash & seasonal veg.....	£12.95
CHICKEN CURRY - rice & naan bread.....	£9.95
BEER BATTERED COD & CHIPS - peas	£9.95
(ASK OUR TEAM WHICH ALE WE USED THIS WEEK!)	
SPAGHETTI BOLOGNESE - garlic bread & parmesan cheese	£8.95
PIE OF THE WEEK - mash & seasonal veg	£9.95
BANGERS & MASH - gravy & seasonal veg	£8.95
WHOLETAIL SCAMPI - chips, peas, tartar sauce	£8.95
HAM EGG & CHIPS.....	£8.95
BEEF CHILLI - rice, chips or wedges	£9.95
10oz RUMP STEAK - salad, onion rings, grilled mushrooms, tomato & chips	£15.95
8oz GAMMON - egg, pineapple, chips & peas.....	£9.95
STICKY BBQ RIBS - fries, slaw, onion rings, corn on the cob & beans	£11.95
full rack	extra £3.50

VEGETARIAN

BROCCOLI & CHEESE BAKE.....	£8.95
VEGETABLE CURRY	£8.95

BURGERS

HOMEMADE

Served in a toasted brioche bun, (gluten free buns available) with chips & salad	
BEEF BURGER	£9.95
CHICKEN.....	£10.95
CAJUN CHICKEN	£10.95
LAMB - mint & yoghurt sauce.....	£9.95
VEGAN - beetroot & quinoa.....	£7.95
CHOOSE YOUR CHEESE - cheddar, stilton, brie	
CHOOSE YOUR SALAD - lettuce, red onion, tomato, coleslaw, grilled mushroom	
ADD AN EXTRA BURGER	£2.50
ADD BACON	£1.00
ADD JALAPEÑOS.....	£1.00
ADD FRIED EGG	£1.00
ADD CHILLI.....	£2.50
ADD EXTRA CHEESE	£1.00

SALADS

SALT & PEPPER CHICKEN	£8.95
ROASTED RED PEPPER AND HALLOUMI	£8.95

LIGHT BITES

JACKET POTATO	£6.95
cheese, chilli, beans, slaw, bacon, tuna mayo	
BAGUETTE	£7.50
TOASTIES	£5.95
SERVED WITH CHIPS / SALAD	
brie, bacon & cranberry	
fishfinger & tartar sauce	
chicken strips & sweet chilli mayo	
breakfast - bacon, fried egg & sausage	
bacon, cheese	
tuna mayo	
prawn	

DESSERTS

Served with cream, custard or squirty cream	
SPONGE PUDDING	£4.95
STICKY TOFFEE.....	£4.95
WARM CHOCOLATE BROWNIE (GF).....	£4.95
APPLE CRUMBLE	£4.95
WAFFLE	£4.95
GUEST DESSERT	£5.50